# Animals including Humans Knowledge Organiser

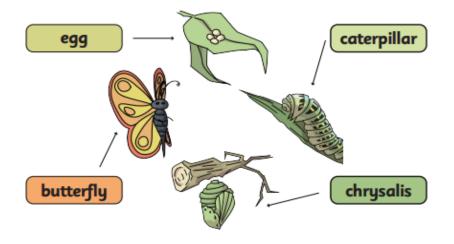
All living things have basic needs.
They all need food, water and air to survive.



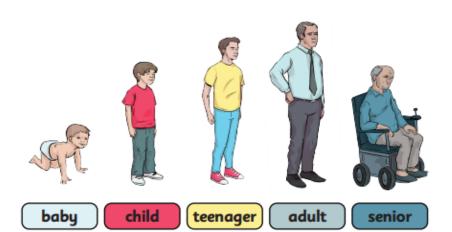




## The life cycle of a butterfly



#### How humans change



#### How can we look after ourselves?

We can exercise regularly, eat a healthy diet and make sure we have good hygiene.



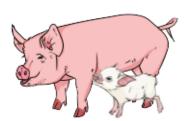




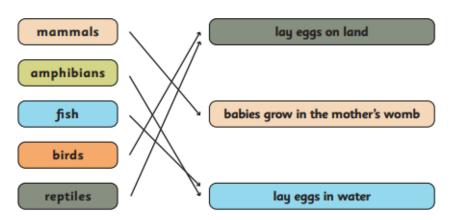
#### Offspring

All animals including humans reproduce and have offspring. This means they make another one of the same species.





How do different animals produce their offspring?



### Key Vocabulary

**basic needs** - the important things that animals need to survive (air, water and food)

change - when something becomes different

diet - the food that an animal eats

**exercise** - when you complete an activity that increases your heart rate

healthy - good for you

hygiene - being clean in order to prevent illnesses

**life cycle** - the stages an animal goes through throughout their life

offspring - the babies that an animal produces

reproduce - to produce offspring

species - a group

survive - to stay alive